

Cultivate Life.com

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*Each month I send out a newsletter via email entitled “**Seeds Of Inspiration**”. I pick a quote to ponder, pass along interesting stuff that readers send to me, and let you know about upcoming appearances and course offerings. You may unsubscribe at any time so you retain complete control of what comes into your e-mailbox. Sign up [via this link](#) to my website.*

If you are in the market for products that help you stay connected to who you are, [check out my handcrafted offerings](#) to feel if one might serve your way.

Of course I always value your input too. Drop me a line any time.

*Love,
Diane*

Nourish Life

Hope for the future is at the heart of all gardening.
Beverly Rose Hopper

There is a fountain of youth; it is your mind, your talents, the creativity you bring into your life and the lives of people you love. Sophia Loren

The heart is like a garden. It can grow.....compassion or fear...resentment or Love.... What seeds will you plant there? - Buddha

If we don't act upon our madness in the fanciful sense, we will surely go mad in the classical sense. – Leo Buscaglia

The soul can be experienced by releasing the familiar and safe, by the constant renewal and expression of our presence in the world, and by the moment-to-moment attention we give to daily life.
– Benjamin Shield

See how nature-trees, flowers, grass-grows in silence? See the stars, the moon, and the sun- how they move in silence? We need silence to be able to touch souls. –Mother Teresa

There is no unemployed force in nature. All decomposition is re-composition.
– Ralph Waldo Emerson

You will find that deep place of silence right in your room, your garden or even your bathtub. – Elizabeth Kubler Ross

The present is the future of the past. – Karl R. Popper

GROWTH IS THE ONLY EVIDENCE OF LIFE.
– JOHN HENRY CARDINAL NEWMAN